

Commit to Getting Ahead. Write your future story.

Getting Ahead in the Workplace

Part of the Getting Ahead in a Just-Gettin'-By World series

15 weekly sessions over four months

Hosted by ECHO 548 E. Bradford Rd.

(Educational Building behind ECHO main office)

Getting Ahead in the Workplace is a program that helps underresourced people build resources and gain control over their future stories for a better life at home and at work.

Through activities and group discussions, participants create their own success by investigating:

- The causes of instability and poverty
- The "hidden rules" of getting ahead in the workplace
- How to build resources and relationships that open doors and help keep them open
- Practical skills for dealing with change and creating stability at work and at home
- The power of intentionally creating and following a plan for a new future story.

Getting Ahead is not taught. Instead, we learn from one another by sharing our own experiences, contributing to problem-solving discussions, and exploring ways to strengthen our community by helping people to move out of poverty.

Consider taking this step-by-step journey toward your future story and a more prosperous Leon County.

Getting Ahead participants receive:

- Workbook and meeting materials
- On-site child care during meetings
- Gift card stipend (\$25 each session)
- One-on-one counseling outside of class meetings

Participants are expected to commit to attending the full semester. Space is limited, so contact us today for more information and to apply:

ktroupe@echotlh.org (850) 224-3246, extension 206

Getting Ahead is made possible with support from:

ECHO

Getting Ahead in the Workplace Workshop Details

Getting Ahead in the Workplace can help us to:

- · Identify and solve problems in a safe group environment
- Do a self-assessment of our own resources
- Develop a plan, a future story
- Get support as we build resources

What happens in Getting Ahead:

- Group of 12 meets with a facilitator for 15 workshop meetings
- Each workshop takes 2 hours
- There is no lecturing, no teaching
- Participants referred to as investigators are paid for their work

Expectations of a Getting Ahead investigator:

- Attend all sessions
- · Help create and live by group rules
- Be accountable to the group for completing assignments

Supplies / Supports for Getting Ahead investigators:

- Workbook and meeting materials
- On-site child care during meetings
- Gift card stipend (\$25 each session)
- One-on-one counseling outside of class meetings



For more information, please complete the form and return it to:

ECHO Outreach Ministries 548 East Bradford Road Tallahassee, FL 32303

Questions? Call Kia Troupe at (850) 224-3246 extension 206

I would like more information about Getting Ahead.	
First and Last Name:	
Address:	
City, State and Zip:	
Cell Phone:	
Home Phone:	
Email:	
Date of Birth: Gende	er:
Please list names and ages of children living with you:	
Name(s)	Age(s)
Place of employment:	
Do you have access to reliable transportation? $\ \square$ Yes $\ \square$ No	
How did you hear about Getting Ahead?	